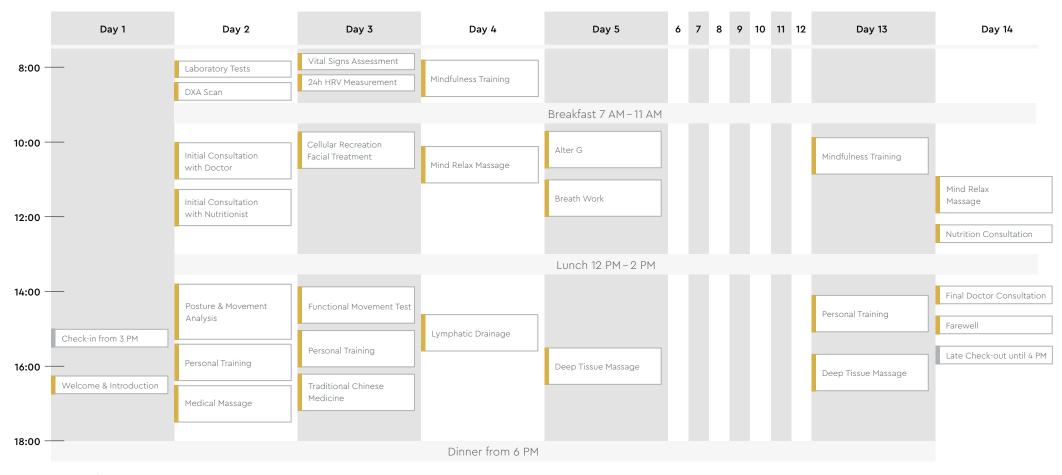
## **EXAMPLE PROGRAMME**

## LONGEVITY - 14 DAYS

Your HEALTHY LIVING PROGRAM and stay with us could soon look like this.

This is an example programme, timings of individual units are subject to change.



<sup>\*</sup>individual/not included in the price